

Nut Allergy Policy



Moat Hall Primary Academy

Approved by: Jane King **Date:** 27th January 2023

Last reviewed on: February 2023

Next review due by: September 2025

For more information on how we approach food allergies and what can and cannot be brought into school, please see below.



Moat Hall Primary Academy aims to be a Nut-Free school. The school aims to protect both children and staff who have allergies to nuts while also helping them as they grow to take responsibility for what foods they can safely eat and to be aware of what foods may put them at risk. We do not allow nuts or nut products in school lunch boxes.

Parents and carers must notify staff if their child has any known or suspected allergy to nuts and provide all medical and necessary information. This will be added to your child's file and if necessary, a meeting organised with school staff.

The most serious risk to allergic children comes from nuts, which can cause severe, life-threatening 'anaphylactic' reactions within seconds in a susceptible child.



Our “Nut-Free Policy” means that the following items should not be brought into school:

- Packs of nuts
- Peanut butter or Nutella sandwiches
- Fruit and cereal bars that contain nuts
- Chocolate bars or sweets that contain nuts
- Cakes made with nuts
- Self-serve pastries covered in almonds – for example almond croissants
- Any home-cooked meals for packed lunches that are made from nuts
- Any shared food for after-school events with nuts or nut oils

Our suppliers provide us with nut-free products. However, we cannot guarantee complete freedom from nut traces.

The school requests that parents and carers observe the nut-free policy and therefore do not include nuts, or any traces of nuts, in packed lunches.

What types of food are nuts?

Almonds

Cashew nuts

Hazelnuts

Pistachios

Walnuts

Brazil nuts

Nut oils

Peanuts

All product packaging must be checked for warnings directed at nut allergy sufferers and if the following or similar are displayed, the product must not be used in school.

Packaging must be checked for:



- o Not suitable for nut allergy sufferers;
- o This product contains nuts;
- o This product may contain traces nuts;

Staff

Moat Hall have 2 staff members that have regular EpiPen training. School also has 2 epi pens if needed in an emergency.

Children

All children are regularly reminded about the good hygiene practice of washing hands before and after eating which helps to reduce the risk of secondary contamination.

Further Information

Allergy UK: <https://www.allergyuk.org/living-with-an-allergy/at-school/>

Anaphylaxis campaign: <https://www.anaphylaxis.org.uk/>